## Carolina Mountain Club



- 100% Volunteer Organization
- Maintains >400 Miles of Hiking Trails in Western North Carolina (WNC)
- Considered One of the Best Hiking Clubs in WNC
- Nearly 100 years old!

Hike, Save Trails, Make Friends

# **CMC Stakeholders**





**Govt Partners** 

- US Forest Service
- Blue Ridge Parkway
- Appalachian Trail
- NC State Parks

Federal & State Govt do not have sufficient resources to maintain their extensive miles of hiking trails.





Hikers

- A.T. Thru & Section Hikers Hikers presume safe
- MST Hikers
- CMC Voted one of the Best Hiking Clubs
- and maintained trails. Trail ecosustainability.



Community

- Tourism in WNC
- Diversity & Inclusion
- Youth Engagement
- New Hikers
- Friends of MST

Tourism is a cornerstone of the WNC economy.
Hiking is a popular tourist activity.

## Trail Maintenance

- Tread Work, Water Diversions, Bridges, Turnpikes, Trimming
- Shelters, Privies; Steps (Rock & Log)
- Certified Sawyers
- 7 Week Day Crews
- >250 Volunteers
- New Volunteers trained by experienced CMC members

#### Maintain >400 Miles of Trails

- 94 Miles of A.T.
- 154 Miles of MST
- 105 Miles in PRD
- 48 Miles in ARD
- 7 Miles on BRP



History

- Founded 1923 Focus on AT
- 1930s Effort on AT
- 1950-60s Expansion with other trails
- 1970's Work on MST
- >1200 members today

A 100% Volunteer
Organization

Trails

Hikes

- Lead Group Hikes Every Week
  - Trails across WNC
- Experienced Trail Hike Leaders
- Mountain Express Award-Best Hiking Club in WNC

Hike, Save Trails, Make Friends

## **CMC** History

- Founded 16 July 1923 Focus on AT
- 1930s Effort on AT
- 1950-60s Expansion with other trails
- 1970's Work on MST
- >1200 members today



Typical CMC hike in the late 1940s This one to Ogle Meadows



CMC Trail Work on the AT in 1958 Near Sam's Gap



## Hikes

- Lead Group Hikes Every Week Across WNC
- Experienced Hiker Leaders-They Know the Trails!
- **Zero** Hike Incidents in 2021
- From Easy to Moderate Skill Level
- Mountain Express Award-Best Hiking Club in WNC









Hike, Save Trails, Make Friends

#### **Carolina Mountain Club**

>400 Milles of Trails Maintained

# CLUB 1923 CLUB

#### **Appalachian Trail**

- 94 Miles
- 10 shelters, privies, picnic tables, bear cables

#### **MST**

- 154 Miles
- Oconaluftee
   River to Black
   Mountain
   Campground

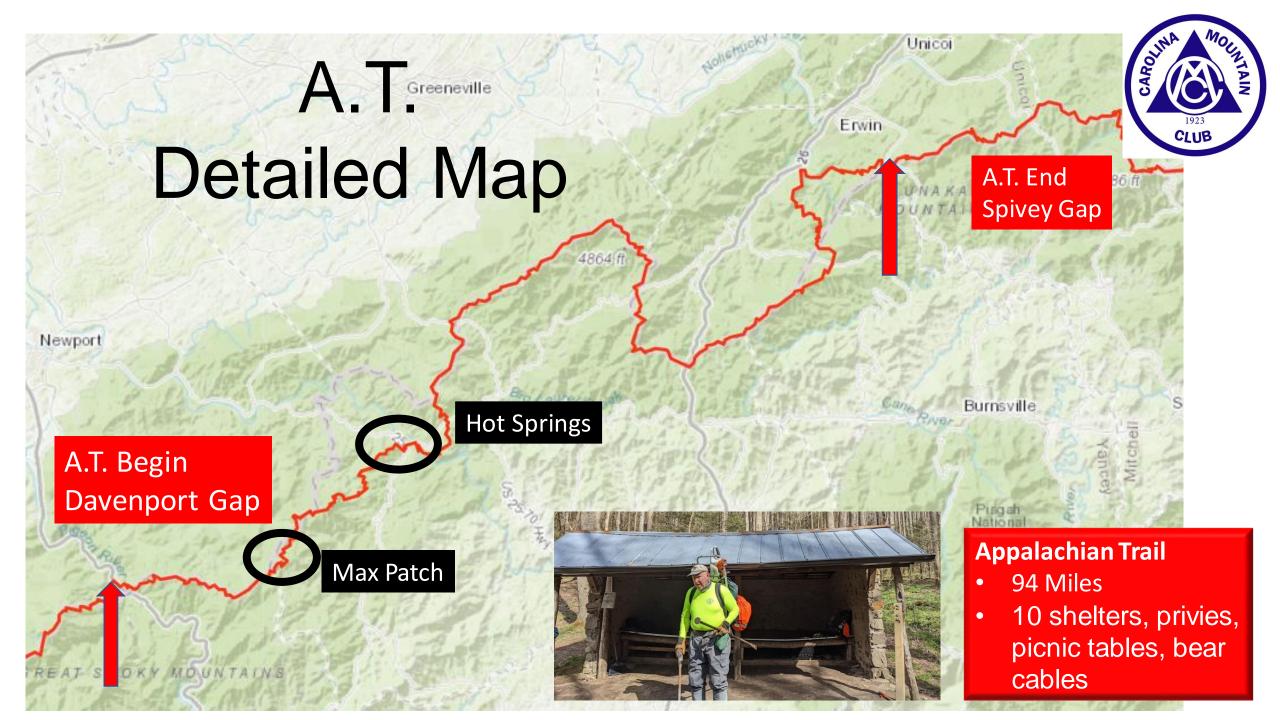


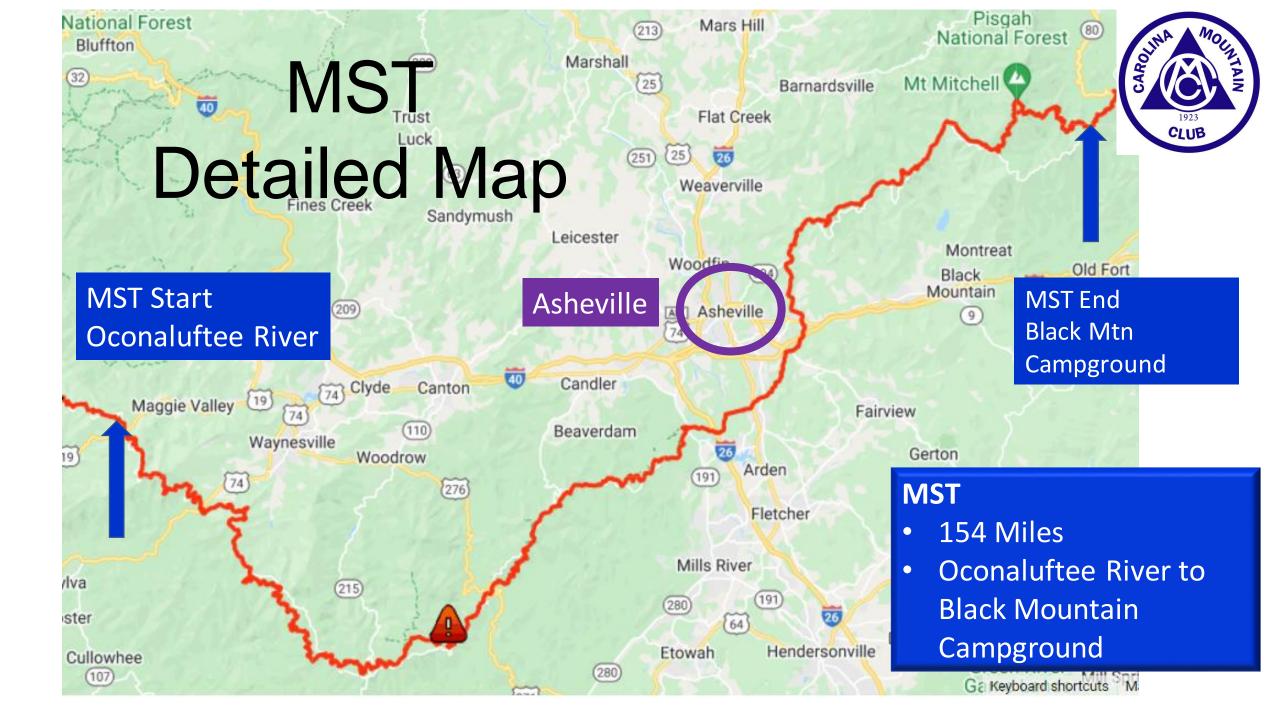
A.T. End

#### **Other Trails**

Beech Mough

- 105 Miles in PRD
- 48 Miles in ARD
- 7 Miles on BRP





Typical Trail Maintenance Work



Rock Steps



















Certification

- Sawyer Training
- First Aid Training

Training

- New Volunteers Taught by Senior CMC
- Progression from Tread Work to More Adv Structures
- Classes Available for Specific Areas (e.g., rock work)

Crew

 Evaluates & Communicates Potential Safety Hazards

Leader

- Senior CMC lead is assigned for each work site
- Safety Reinforced at Each Crew Day

Safety is at the Core of CMC

## CMC Search & Rescue (SAR)



- ~20 CMC crew members
- Attached formally to Haywood County SAR; assist other groups as needed
- Primary operation area: Pisgah National Forest, Middle Prong and Shining Rock Wilderness, Blue Ridge Parkway / MST corridors
- Operate as independent team or as part of another command





## CMC Search & Rescue (SAR)-Training



- Training in basic skills sufficient to be deployed in non-technical search and rescue operations.
- 20+ hours of initial training required/person, followed by monthly focused skill training and quarterly mock search events.
- Everyone must pass standard pack test; skills assessed by team leaders.
- All members must pass FEMA ICS 100, 200, 700, and 800 emergency procedure and command structure training.



### **Section Rovers**

- Crew Leaders: Rich Evans, Jan & Kevin Onan
- Training for new Section Maintainers, Tuesdays & Saturdays
- Work with individuals on their respective trails with emphasis on secondary trails (non MST and non AT trails)
- Training is tailored to the individual and their respective trail





## Youth Partner Challenge

- Youth Partner Patch
  - Open to Youths up to Age 17
  - 8 different hikes with an adult partner to earn a patch and certificate
- CMC has 12 different hikes to choose From
- Kids learn about different land management of USA public lands (State forest/parks National forest/parks, wilderness, ATC, conservancy etc.)
- Kids learn about Leave No Trace





## **CMC Diversity & Inclusion**

- Proactively working as an organization to reflect the community in which we live; to be open and inclusive of anyone who wants to experience the outdoors
- Quarterly Zoom presentations followed by a beginner level hike
- Connecting with other peer organizations to learn best practices in diversity & inclusion





# 2021 CMC Quarterly Crew: Big Bald





- 4 Saturdays/year, Volunteer Opportunity for individuals that work full time
- Over 1850 trail maintenance hours
- Estimated 200 volunteers in 2021
- Huntersville Boy Scout Troop #97 Participated
- Improved tread, added steps, water diversions, reduced trail erosion, trail hardening

## Max Patch

- Stunning 360° Views from Bald
- Native Grasses & Wild Flowers-Critical Habitat for Birds & Butterflies
- Exceptionally Popular for Tourists, Hikers & Campers
- Due to Human Overuse, Camping Banned July 2021 for 2 years
- Forest Service & CMC Worked Together in Restoration
- CMC Organized Max Patch Trail Ambassadors



Overuse-Damaging Ecosystem



**Bald Restoration** 

### CMC Trail Ambassadors



- Volunteers trained by the Carolina Mountain Club and Appalachian Trail Conservancy
- Help educate visitors on proper stewardship
- Trail Ambassadors play a critical role by informing Max Patch visitors about closures, monitoring conditions and removing trash from the area

## CMC Partnerships

- US Forest Service
- Blue Ridge Parkway
- Appalachian Trail Conservancy
- Pisgah Conservancy
- Friends of the Mountain to Sea Trail
- State of North Carolina



















- Ongoing Collaboration on Trail Maintenance
- Interest in Developing trails that Connect MST to Cherokee Tribal Land Trails
- Medicine Trail: Interest In Renovating Trail



Dylan Rose-Cherokee Tribal Land Watershed & Restoration Leader and Tom Weaver-CMC President



## CMC Challenges



- 1. South Beyond 6000 (SB6K) hiking 40 selected southeastern 6,000 foot peaks
- 2. Lookout Tower Challenge (LTC) hiking to 24 fire towers in WNC
- 3. **Pisgah 400 (P400)** hiking all 400 miles of trails in the Pisgah Ranger District
- 4. Waterfall & Cascade 100 (WC100) hiking to 100 of WNC's most spectacular waterfalls
- 5. **A.T.-MST Challenge** hiking the 92 miles of the AT and the 135 miles of the MST the CMC maintains
- 6. **100 Smokies Challenge** Hiking the top 100 hikes in the Smokies
- 6. Youth Partner Challenge established to introduce young people under 18 to hiking and the outdoors.

# CMC & Friends of the MST Collaboration

- Annual Meeting in WNC
- CMC Hosted 3 Trail Maintenance
  - **Training Sessions** 
    - Tread Work
    - Steps Building
    - Bridge Building
- Over 100 participants













## Mt. Mitchell Quarterly Crew 2022

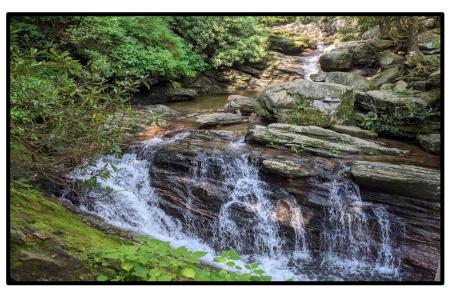
- MST Trail in Mt. Mitchell
- Need of Rock Steps
- Sensitive Eco-System
- Engagement for Mt. Mitchell State Park

# Pisgah Project Day: CMC Partnership w/PRD; April 25 to 30



- Plan is to develop a safe passage across the Pigeon River at Skinny Dip Falls and work on the MST section from the Falls to the Parking Lot
- Installing ladder steps for both sides of the river
- CMC will also will be doing extensive rock and tread work on this popular section of the MST









- Joint Project with Pisgah Conservancy & CMC
- Hurricane Fred Aftermath destroyed Skinny Dip Falls Bridge and Trail
- April 25 to 30<sup>th</sup>
- CMC built ladder steps and new water crossing
- Trail Work





- Book
- 50/50 Patch
  - 50 hours of Trail Maintenance & 50 miles of CMC hikes over 18 months



